

3RD ANNUAL INTERDISCIPLINARY SPINE CONFERENCE

SATURDAY, SEPTEMBER 29, 2018
WARREN ALPERT MEDICAL SCHOOL | PROVIDENCE, RI



JOINTLY PROVIDED BY
WARREN ALPERT MEDICAL SCHOOL AND DEPARTMENT OF NEUROSURGERY
AT RHODE ISLAND HOSPITAL AND NEWPORT HOSPITAL



PROGRAM DESCRIPTION

This course will strive to provide the practitioner treating neck and low back pain with a better understanding of the comprehensive care treatment options for low back pain, spinal stenosis, and lumbar disc herniation, which include medication management, rehabilitation through physical, occupational, and vocational approaches, psychological co-management of pain, complementary and alternative medicine options, interventional treatments, and finally a range of minimally to maximally invasive surgical options. The course will help the audience to better understand when the various treatment options for neck and low back pain should be exercised to achieve the best outcomes in both pain and function.

TARGET AUDIENCE

Primary Care Physicians, Surgeons, Pain Specialists, Psychologists, Physician Assistants, Nurse Practitioners, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Residents, Fellows, Postdocs, and Medical/Health Profession Students.

LEARNING OBJECTIVE

At the conclusion of this activity, participants should be able to:

- Identify the common diagnostic and imaging tools for neck and low back pain, spinal stenosis, and lumbar disc herniation
- Describe the current evidence-based medical and surgical treatment options including medication management, rehabilitation, psychological co-management, complementary and alternative medicine, and interventional treatment
- Recognize and prescribe appropriate treatment options to achieve the best outcomes in pain and function

COMPETENCIES AREAS

ABMS: Professionalism | Patient Care and Procedural Skills | Medical Knowledge | Practice-Based Learning and Improvement | Systems-Based Practice

IOM: Provide Patient-Centered Care | Work Within Interdisciplinary Teams | Employ Evidenced-Based Practice | Apply Quality Improvement

SATURDAY, SEPTEMBER 29, 2018

6:45–7:30 AM	Registration, Breakfast, and Visit Exhibits	11:20–11:40	Acute Spine Syndromes Jared S. Fridley, MD
7:30–7:40	Welcome Ziya L. Gokaslan, MD Alexios G. Carayannopoulos, DO, MPH Adetokunbo A. Oyelese, MD, PhD	11:40–12:10 PM	Case Vignettes
7:40–8:00	Anatomy: L-Spine & C-Spine Sean M. Barber, MD	12:10–1:00	Lunch & Visit Exhibits
8:00–8:20	Lumbar & Cervical Spine Physical Exam Sanjay Konakondla, MD	1:00–1:10	Physical Therapy of Spine David B. McIntyre, DPT & Jennifer Reynolds, DPT
8:20–8:40	Primary Care Provider's Early Assessment Iris L. Tong, MD, FACP	1:10–1:20	The Philosophy of Occupational Therapy in the Treatment of People with Spine Injuries Jill K. Levine, OT/L, CHT
8:40–9:10	Medical & Interventional Treatment Options Alexios G. Carayannopoulos, DO, MPH	1:20–1:30	Acupuncture Therapy of Spine Susan V. Clemens, MD, DABFM, DABMA
9:10–10:30	Cervical & Lumbar Spine Operative Options Sean M. Barber, MD	1:30–1:40	Chiropractic Evaluation and Treatment of Cervical Spine Coupled Vague Upper Extremity Symptoms Mark V. Alano, DC, FICPA, CCEP
9:30–10:00	Chronic Pain, Suffering, and Psychological Flexibility Julie A. Morris, PhD	1:40–2:10	Demonstration of Complementary and Alternative Therapies
10:00–10:10	Question & Answer Session	2:10–2:20	Question & Answer Session
10:10–10:35	Break & Visit Exhibits	2:20–2:35	Break & Visit Exhibits
10:35–10:50	Hip-Spine Syndrome Josef S. Fields, DO	2:35–3:00	Opioids Keith-Austin Scarfo, DO, MS
10:50–11:05	Neck-Shoulder Syndrome Shalini M. Boodram, MD	3:00–3:25	Medical Management After Spine Surgery Maria A. Guglielmo, MD
11:05–11:20	Post-Laminectomy Syndrome / Failed Back Surgery Syndrome (FBSS) Sanjay Konakondla, MD	3:25–3:50	Innovation & Advancements in Spine Surgery Adetokunbo A. Oyelese, MD, PhD
		3:50–4:00 PM	Discussion and Wrap Up

COURSE DIRECTORS

Alexios G. Carayannopoulos, DO, MPH, FAAPMR, FAAOE

Associate Professor of Neurosurgery, Clinician Educator
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PLANNING COMMITTEE

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Director, CME, Warren Alpert Medical School

REGISTER ONLINE AT: [HTTPS://APPS.BIOMED.BROWN.EDU/CME_REGISTRATION](https://apps.biomed.brown.edu/cme_registration)

REGISTRATION INFORMATION

Register online at:

https://apps.biomed.brown.edu/cme_registration

Conference registration fee includes: Breakfast, breaks, lunch, access to an online syllabus, & complimentary on-site parking.

REGISTRATION FEES

\$175.00 Physicians

\$150.00 Other Healthcare Professionals

Waived Residents, Fellows, Postdocs, and
Medical/Health Profession Students

CANCELLATION POLICY

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than September 14, 2018. A \$25.00 administrative fee will be charged for all refunds (no refunds for “no shows”). There will be no additional charge for substitutions. This conference is subject to change or cancellation.



Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

CONFERENCE LOCATION AND PARKING

The Warren Alpert Medical School of Brown University
222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage *connected* to the Medical Building, located on the corner of Richmond and Elm Streets. Enter through the Elm Street entrance.

FOR MORE INFORMATION

Contact the Brown CME Office

233 Richmond St., G-R156, Providence, RI 02912

Ph: 401.863.2871 | F: 401.863.2202 | Email: CME@Brown.edu

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the Department of Neurosurgery at Rhode Island Hospital. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Rhode Island Specific: This program qualifies for 6.75 hours CME Credit in Opioid Pain Management/Chronic Pain Management, one of the required areas of section 6.0; 6.2.1 RI CME re-licensure requirements.

Rhode Island Prescriber Training Requirement: This training meets the requirements set forth in RI Regulation 3.14 Prescriber Training Requirement for Best Practices Regarding Opioid Prescribing. This specific training requirement is required only once & must be completed before renewal of controlled substance registration or two (2) years (whichever is longer).

Chiropractic Physicians: This conference is approved for Continuing Education Credits. Chiropractic Physicians will receive a Certificate of Attendance for up to 6.75 hours.

Nurses: This continuing nursing education activity was approved by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

5.9 Contact Hours until September 10, 2020.

Physician Assistants/Nurse Practitioners: Participants will receive a Certificate of Attendance stating this program is designated for 6.75 hours *AMA PRA Category 1 Credits™*. This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants: Warren Alpert Medical School Office of Continuing Medical Education is approved by the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Participants will receive a Certificate of Attendance for up to 6.75 hours.